



# Want help to cut down or stop drinking or using drugs?

The Public Health Agency funds a free service for people living in Armagh, Banbridge, Craigavon, Dungannon and Newry & Mourne.

Talk to your GP, nurse, or contact 'Step 2' yourself:

Phone: 028 90 392 547

Email: [Step2Partnership@Dunlewey.org](mailto:Step2Partnership@Dunlewey.org)

Visit <http://services.drugsandalcoholni.info/node/142>

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