



Drugs, Alcohol - Families, Adults, Children & Teens

For 11 to 25  
year olds.

We understand alcohol and drugs  
can affect many areas of your life.

Do you need and want  
to change these patterns?

 **DUNLEWEY**  
ADDICTION SERVICES



Is a confidential, one to one service providing counselling/mentoring, information and support for children and young people aged 11 to 25 and families of those affected by substance misuse.



**We are** a community based substance misuse service providing structured talking therapies, comprehensive assessment, counseling, mentoring, individual and family support, education and harm reduction.

**Who** can access this service?

This service is for any young person aged 11 to 25 who are having substance misuse difficulties and for family members to help drug and alcohol issues.



For individuals, families, local communities, ethnic minorities and LGBT

This is a free to access service funded by the Public Health Agency



## What is substance misuse?

'Substance misuse is when a substance such as alcohol or other drugs are used for an effect other than for the purpose for which they are initially intended.

Does substance misuse  
fit into your life?

**Do you drink or use drugs to:**

Forget? Get Drunk?  
Feel Better?  
Escape?  
Feel more confident?

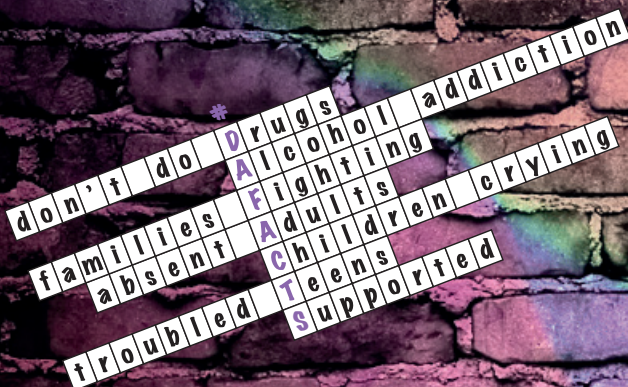
**Has alcohol or drugs affected these areas:**

Family? Relationships?  
Criminal Record?  
Escape? Work?  
Study Social life?  
Health Problems?  
Moods? Money?



**Counselling:** can provide a safe and confidential space. We will offer you the opportunity to talk and think about yourself, and your concerns in a way that you may not have felt able to do with friends and family.

**Mentoring:** provides a safe environment where you can share and explore concerns, gain support raise awareness regarding drug alcohol and other issues with someone who can guide and inform you.



**Group work:** Will explore drug, and alcohol misuse, self esteem and motivational support.

**Family support:** Our aim is to strengthen families, increase resources, encourage positive and supportive roles and gain practical information regarding what substances are out there, how and why these are mis-used.





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### **Areas covered**

You will be seen locally in:

- Armagh • Banbridge • Craigavon
- Dungannon • Newry & Mourne

### **How to contact us:**

Project coordinator:

07803 413049

[stephanie.mckernan@dunlewey.org](mailto:stephanie.mckernan@dunlewey.org)

### **Base:**

ABC Community Network:

Magharee House, 82 Thomas St,  
Portadown, BT62 3NU

### **Head office:**

247 Cavehill Road, Belfast, BT15 5BS



**Tel: 028 9039 2547**

**[admin@dunlewey.org](mailto:admin@dunlewey.org)**



Dunlewey Addiction Services LTD



#dunlewey2

Illustrations used have been created by service users