HSC Public Health Agency

Belfast DRUG & ALCOHOL

**Disclaimer:** Whilst every effort has been made to ensure the accuracy of the information provided in this directory at time of print, we do not accept any responsibility or liability for any errors. It is recommended that you always check directly with providers that their service or organisation meets your requirements. Where any specific organisation or service is mentioned by name or otherwise this does not necessarily constitute or imply any endorsement or recommendation by NIDACTs or PHA of that organisation or service.

# DRUG AND ALCOHOL SUPPORT SERVICES BELFAST HEALTH AND SOCIAL CARE TRUST AREA

This publication can also be downloaded from **www.drugsandalcoholni.info**

## SERVICES FOR ADULTS

### Community Drugs Programme

One to one and family support, auricular acupuncture, mentoring and onward referral service.

Open Access
**Falls Community Council**
028 9020 2030

### Reach Out

One to one support for alcohol and/or drug misuse (and other associated issues).

Open Access/Self Referrals Accepted
**Extern**
078 4110 2958
07442646945
reachout@extern.org

### Low Threshold Services

Aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).

Open Access/Self Referrals Accepted
**BHSCT Drug Outreach Team**
028 9504 1433

**Extern Alcohol Housing Support Service**
028 9033 0433

### Community Based Adult Services

One to one therapeutic treatment and support service for those aged 18+ misusing alcohol and/or drugs. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted
**Inspire Addiction Services**
028 9066 4434

### Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

GP/Health Professional Referrals
**Woodstock Lodge, BHSCT**
028 9504 2900

Residential treatment is accessible through the statutory addiction service.

### Residential Addiction Treatment Centre

6 week residential programme.

GP/Addiction Service Referrals
**Carlisle House**
028 9032 8308

For more detailed information on services available in your HSCT area visit:
**www.drugsandalcoholni.info**

drugsand alcoholni

"Addressing drugs and alcohol together"

For further information on mental health and emotional wellbeing services visit:
**www.mindingyourhead.info/**

## YOUNG PEOPLE/FAMILY

### Belfast Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access
**Extern**
074 3680 8425

### Community Drugs Programme

Drug and alcohol education and awareness programmes, accredited and non-accredited, targeted at young people and/or parents.

Open Access
**Falls Community Council**
028 9020 2030

### Reach Out

One to one support for alcohol and/or drug misuse (and other associated issues).

Open Access/Self Referrals Accepted
**Extern**
078 4110 2958
07442646945
reachout@extern.org

### Targeted Lifeskills Service

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction.

Targeted at At-Risk/Vulnerable Groups
**LYMCA**
028 9267 0918

### Steps to Cope/ Hidden Harm

For young people aged 11-25 who have been impacted by parental substance use and mental health problems.

Open Access/Self Referrals Accepted
**ASCERT**
0800 2545123
www.ascert.biz
stc@ascert.biz

### DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted
**Start 360 & ASCERT**
028 9043 5810
www.start360.org

### Pharos

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

Social Services/Addiction Services Referrals
**Barnardos**
028 9066 3470

### DAMHS (Drug and Alcohol Mental Health Service)

A range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

GP/CAMHS Referrals
**BHSCT**
028 9504 0365

## SPECIFIC GROUPS

### Needle and Syringe Exchange Sites

Please note NSP Direct is now available across Northern Ireland and can be accessed using any postcode. This is an independent, free, confidential service which discreetly delivers injecting equipment directly to your door. Access to this is at:

www.exchangesupplies.org/nspdirect

**Maguire Pharmacy**
3 Beechmount Avenue
028 9032 0590

**Chemist Connect**
59 High Street
028 9023 1002

**Extern NSES**
102 Royal Avenue, Belfast
0800 085 8426

### Street Injecting Support Service (SISS)

(inc. needle exchange)

**Extern**
Extern NSES, 102 Royal Avenue, Belfast
080 0085 8426

### Removal of Drug Related Litter (Needle Finds)

**Belfast City Council**
028 9027 0469

**BHSCT Drug Outreach Team (inc. needle exchange)**
028 9504 1433

**Extern NSES**
102 Royal Avenue, Belfast
0800 085 8426

### Group Support

Call or go online to find a meeting near you:

**Alcoholics Anonymous**
12 Step Programme/Group Meetings
028 9035 1222
www.alcoholicsanonymous.ie

**AlAnon**
Group Support for Family Members
028 9068 2368
www.al-anonuk.org.uk

**Alateen**
Group Support for Teenagers
028 9068 2368
www.al-anonuk.org.uk/alateen

**Narcotics Anonymous**
12 Step Programme/Group Meetings
0300 365 1010
www.na-northernireland.org

### ASCERT Regional Service Users Network

Empowering the voice of people with lived experience of substance use

08002545123
info@ascert.biz
www.ascert.biz

### Community/Stakeholder Support

**Belfast Drug & Alcohol Coordination Team/ Connections Service (BDACT Connections)**

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

028 9084 0555 (Extern)
connections@bdact.info
www.drugsandalcoholni.info

### Workforce Development Training Programmes

A range of drug and alcohol training courses for those working with adults, children and young people.

**ASCERT**
0800 254 5123
training@ascert.biz
www.training.ascert.biz

In Crisis? Call Lifeline FREE 24/7 HELPLINE 0808 808 8000

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